



Pumpkin Cookie

Nutrition Facts	
Serving Size 4.0 oz (113g)	
Amount Per Serving	
Calories 480	Calories from Fat 190
% Daily Value*	
Total Fat 22g	34%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 71g	24%
Dietary Fiber 2g	8%
Sugars 41g	
Protein 4g	
Vitamin A 110%	• Vitamin C 0%
Calcium 2%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: PUMPKIN, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, BAKING CHIPS {SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE) AND SOYA LECITHIN}, MAY CONTAIN 2% OR LESS OF: LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), SALT, AND SPICES.

Pumpkin Cookies Contains Egg, Milk, Soy, Wheat.
Produced in a facility that manufactures egg, soy, peanuts, and tree nuts.

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