



## Chocolate Twist

<b>Nutrition Facts</b>	
Serving Size 1 Donut (142g)	
<b>Amount Per Serving</b>	
<b>Calories</b> 610	Calories from Fat 280
% Daily Value*	
<b>Total Fat</b> 31g	<b>48%</b>
Saturated Fat 15g	<b>75%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 76g	<b>25%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 22g	
<b>Protein</b> 9g	
Vitamin A 0%	• Vitamin C 4%
Calcium 2%	• Iron 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Contains Milk, Soy, Wheat.  
 Manufactured in a Facility that  
 Processes Eggs, Peanuts, Tree  
 Nuts.

**INGREDIENTS: DONUT:** ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) WATER, ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW, OR PALM OIL), YEAST MALTED BARLEY FLOUR, DEXTROSE, MAY CONTAIN 2% OR LESS OF: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), YEAST, SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, NONFAT DRY MILK, WHEAT STARCH, CORN SYRUP, POLYSORBATE 80, CORN OIL, BETA CAROTENE AS COLOR, ENZYMES, GLYCERIN, CITRIC ACID, SILICON DIOXIDE, ALPHA TOCOPHEROLS AS PRESERVATIVE, CAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS.

**ICING:** SUGAR, WATER, COCOA (PROCESSED WITH ALKALI), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND PALM KERNEL OILS, SOY LECITHIN AND MONO & DIGLYCERIDES), CORN SYRUP, MAY CONTAIN 2% OR LESS OF: SOYBEAN OIL, SALT, CORN SYRUP SOLIDS, CORN STARCH, AGAR, CALCIUM CARBONATE, CALCIUM SULFATE AND CARBOXYMETHYLCELLULOSE, RED #3, RED #40, SODIUM BENZOATE AS PRESERVATIVE, ARTIFICIAL FLAVORS.