



Apple Fritter

Nutrition Facts	
Serving Size 1 Donut (156g)	
Amount Per Serving	
Calories 640	Calories from Fat 260
% Daily Value*	
Total Fat 29g	45%
Saturated Fat 14g	70%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 87g	29%
Dietary Fiber 3g	12%
Sugars 31g	
Protein 9g	
Vitamin A 0%	• Vitamin C 4%
Calcium 2%	• Iron 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Contains Egg, Milk, Soy, Wheat.
 Manufactured in a Facility that
 Processess Peanuts and Tree
 Nuts.

INGREDIENTS: DONUT: ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW, OR PALM OIL), DEXTROSE, APPLES, MAY CONTAIN 2% OR LESS OF: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, WHEAT STARCH, CORN SYRUP, POLYSORBATE 80, CORN OIL, BETA CAROTENE AS COLOR, ENZYMES, GLYCERIN, CITRIC ACID, ALPHA TOCOPHEROLS AS PRESERVATIVE, CINNAMON, YEAST, CAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS. GLAZE: SUGAR, WATER, MALTODEXTRIN, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED OIL), MAY CONTAIN 2% OR LESS OF: NATURAL AND ARTIFICIAL FLAVOR, FOOD STARCH-MODIFIED, AGAR, CALCIUM SULFATE, POTASSIUM SORBATE (AS PRESERVATIVE), CITRIC AID, LOCUST BEAN GUM, MONO & DIGLYCERIDES WITH BHT AND CITRIC ACID AS PRESERVATIVES, DISODIUM PHOSPHATE, SOY LECITHIN.